

WHAT TO EXPECT AFTER SURGERY

1. **Important:** Call our Office (803-779-3070 OR 1-800-922-6057) if you should have severe pain that is not relieved with a prescribed pain reliever, if you start losing vision, or a large increase in floaters. (It is normal to have: quick, sharp pain, redness/bloodshot eye, and discharge. Dull pain with vision loss is not.)
2. You may resume all medications that were stopped before surgery.
3. **Do NOT** rub your operated eye. If you notice any extra mucus or crustiness along your eyelashes, you may gently clean your eye with a warm wash cloth. (Only if needed)
4. You should keep your eye covered at all times for the next week. Wear a plastic shield over your eye at bedtime or naptime and glasses or the clear shield during the day for seven days after surgery.
5. You will be given a pair of sunglasses after surgery to wear outdoors if the glare bothers you.
6. **Maintain Head Position as directed by Dr. Barker:** If a gas bubble was put in your eye, you will notice it for 1-2 weeks after your surgery. It will appear as a dark area down below when sitting up. It will go away on its own.
7. **Start Postoperative Eye Drops Today.**



Prednisolone 1% (White or Pink Top) SHAKE WELL.

One drop 4 times a day in operative eye for 1 week, 3 times a day for 1 week, 2 times a day for 1 week, then 1 time a day for 1 week.



Polytrim (Clear Top)

One drop 4 times a day in operative eye for 1 week.

Wait at least 3 minutes between drops!

YOU MAY:

1. Bend, stoop over, walk up and down stairs, and lift light objects (nothing over 10 pounds).
2. Watch TV, read, sew or do close work as usual, ride in the car, dine out, etc.
3. Take a bath or shower, as long as you **do not** get any water into the operative eye. Please avoid getting soap and shampoo in your eyes as well.

IF YOU SHOULD NOTICE A SUDDEN CHANGE IN VISION, PAIN, OR ANYTHING YOU ARE CONCERNED ABOUT, PLEASE DO NOT HESITATE TO CALL. ONE OF OUR PHYSICIANS IS ON-CALL 24 HOURS A DAY, 7 DAYS A WEEK.

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